

JANUARY

Breakfast Menus

Washington Co. Schools

All meals are served with a choice of lowfat or fat-free milk.

| | | | | | | | | | |
|----|---|----|--|----|---|-----|---|-----|---|
| 1 | | 2 | | 3 | HALLOWEEN APPRECIATION DAY - NO SCHOOL TEACHER INSERVICE | 4 | breakfast pizza fruit, fresh or canned fruit juice | 5 | breakfast bowl, toast fruit, fresh or canned fruit juice salsa |
| 8 | cereal, assorted sausage fruit, fresh or canned fruit juice | 9 | oatmeal muffin fruit, fresh or canned fruit juice margarine patty | 10 | pancake wrap fruit, fresh or canned fruit juice syrup | 11 | breakfast pita fruit, fresh or canned fruit juice | 12 | chicken biscuit sandwich fruit, fresh or canned fruit juice |
| 15 | long john fruit, fresh or canned fruit juice | 16 | sausage breakfast sandwich fruit, fresh or canned fruit juice | 17 | whole grain waffle fruit, fresh or canned fruit juice syrup | 18 | egg taco, graham crackers fruit, fresh or canned fruit juice salsa | 19 | blueberry oat muffin fruit, fresh or canned fruit juice |
| 22 | cereal, assorted cheese stick fruit, fresh or canned fruit juice | 23 | pb & j fruit, fresh or canned fruit juice | 24 | french toast sticks fruit, fresh or canned fruit juice syrup | 25 | biscuit & gravy fruit, fresh or canned fruit juice | 26 | cinnamon roll sausage fruit, fresh or canned fruit juice |
| 29 | NO SCHOOL | 30 | doughnut fruit, fresh or canned fruit juice | 31 | breakfast wrap fruit, fresh or canned fruit juice salsa | 2/1 | breakfast pizza fruit, fresh or canned fruit juice | 2/2 | breakfast bowl, toast fruit, fresh or canned fruit juice salsa |



Lunch Menus

An all-you-can-eat Garden Bar will be available during lunch for grades 1-12.

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| 01/1 | | 3 | HALLOWEEN APPRECIATION DAY - NO SCHOOL TEACHER INSERVICE | 4 | hot dog in bun natural cut potatoes green beans fruit, fresh or canned ketchup & mustard | 5 | chicken & noodles mashed potatoes roll fruit, fresh or canned margarine patty | | |
| 8 | burrito green beans corn chips fruit, fresh or canned salsa | 9 | corn dog peas fruit, fresh or canned ketchup & mustard | 10 | Jan BIRTHDAY LUNCH chicken drumstick corn / savory rice fruit, fresh or canned birthday cake | 11 | bbq drumstick sluggers baked beans fruit, fresh or canned wacky cake bbq sauce | 12 | salisbury steak mashed potatoes w/gravy broccoli w/cheese / roll fruit, fresh or canned margarine patty |
| 15 | crispito corn chips broccoli fruit, fresh or canned | 16 | scalloped ham & potatoes corn roll fruit, fresh or canned margarine patty | 17 | sloppy jo sandwich tri tater green beans fruit, fresh or canned ketchup | 18 | chili soup carrot sticks fruit, fresh or canned cinnamon roll | 19 | pork fritter sandwich baked beans fruit, fresh or canned cookie ketchup & mustard |
| 22 | nachos broccoli fruit, fresh or canned salsa | 23 | grilled chicken sandwich carrot sticks fruit, fresh or canned brownie mayo | 24 | sliced ham au gratin potatoes green beans / roll fruit, fresh or canned margarine patty | 25 | hot dog in a blanket macaroni and cheese peas / cookie fruit, fresh or canned ketchup & mustard | 26 | chicken strips tri tater corn / roll fruit, fresh or canned ketchup & margarine patty |
| 29 | NO SCHOOL | 30 | soft shell taco spanish rice peas fruit, fresh or canned salsa | 31 | tiger rib sandwich normandy vegetables fruit, fresh or canned cookie | 2/1 | breaded chicken patty tri tater / roll green beans fruit, fresh or canned ketchup & margarine patty | 2/2 | sausage pizza corn fruit, fresh or canned cookie |

All meals are subject to change with or without notice. This institution is an equal opportunity provider.